



National NAWGJ News

News for Artistic Gymnastic Judges

February 1997

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National Cup is a big success

Ohio was a hit as the host state for the 1997 National Judges Cup held January 10-12 in Cincinnati. Thanks to the organization of the American Eagles Gymnastics and the extraordinary efforts of the Ohio judges, this meet was our most successful yet.

Eighteen meets were held in a total of nine sessions. Nearly 1,200 gymnasts competed representing 56 clubs from ten states and two All-Star teams. The awards were endless!

The judging force that judged, ran scores, flashed scores, timed routines, helped with floor music and sold raffle tickets was nothing less than heroic. Since we had a separate warm up area, as soon as one session ended, the next one marched in. The 45 Ohio judges as well as the judges from 14 other states pulled together and kept this meet moving very smoothly.

As National Judges Cup Director, this was my first experience coordinating the meet from three-fourths the way across our country. I must admit that my learning curve was nearly vertical. But the Ohio judges and the other volunteers made us all look good. The Ohio judges acted as though they do this every weekend and the rest of us just fell into the pace.

It is a great experience working together with volunteer judges from all parts of the USA. We hope you will consider taking part in a National Judges Cup in the future.

Thanks to all our volunteer judges and workers! Your long hours and your wonderful attitudes were so appreciated at the Judges Cup in Cincinnati.

Thank you for offering your time and expertise this year. We wish you a successful 1997 and good luck in learning all the new rules for the coming four years.

A huge thanks is owed to Patti Shipman, our Cup Director, and Mark Fahrback, the Meet Director, for their work and constant vigilance.

Sincerely yours,
Yvonne Hodge,
NAWGJ President

Thanks to all Olympic volunteers

In our last newsletter, the judges who were officials were thanked but in this issue we want to give the greatest thanks and appreciation to all our NAWGJ members who worked at the Olympics.

The countless hours

that all of you so unselfishly contributed in Atlanta were evident everywhere! My husband and I commented every day on how smoothly everything went—and you each had a part in making "the pieces fit" in the game.

All of us who enjoyed the benefits provided by you at the Olympic Games thank you and salute you for a job well done.

Sincerely and with appreciation,
Yvonne Hodge,
NAWGJ President,

Answers to Puzzle Page

Vault

In J, O, Competition IB 9.2 (higher score)

In Competition I II and IV 9.1 (Average of 2 vaults)

Bars

In J. O. Competition IB (3A's, 3B's and 2C's)

Straddle over mount (A) cast handstand ½ turn (C) underswing ½ turn to low bar (from HS-C), double leg jam (A), cast to HS(B), (giant (B), Tkachev(D), long hang kip (A), cast to HS (B), straddle back to HS(C), double leg jam (A), long hang kip (A), giant (B), double back piked salto dismount (C)

SV: 9.6 + 1 extra D and .1 in special connection C + C combination—Final Start Value: 9.8

In Competition 1, 11, IV (1A, 2B's, 2C's and 1D)

Straddle over mount (A) cast handstand ½ turn (C) underswing ½ turn to low bar (from HS-B), double leg jam (A), cast to HS(B), giant (B), Tkachev(D), long hang kip (A), cast to HS (0) straddle back to HS(C), double leg jam (0), long hang kip (0), giant (0), double back piked salto dismount (C)

Final Start Value - 9.0 Gymnast just satisfies requirements with no extra D's or bonus

Beam

In J. O. Competition IB (3A's, 3B's and 2C's)

Squat on mount (A), wolf hop (B) to immediate sissone (A), wolf hop (B) immediate back handspring, round off (B) to immediate layout step out (C) to immediate layout step out (C), Back handspring full turn swing down (D), full turn (A) back handspring (2 ft) back handspring (2 ft) full dismount (B)

SV: 9.6 + .1 for extra D and .1 special connection bonus for f/f layout, layout, Final Start Value = 9.8

In Competition 1, 11, IV (1A, 2B's, 2C's and 1D)

Squat on mount (A), wolf hop (1 ft take off) (A) to immediate sissone (A), wolf hop (O) to immediate back handspring (B), round off (B) to immediate layout step out (C) to immediate layout step out (0), back handspring full turn swing down (D), full turn (A) back handspring (B) (2 ft) back handspring (0) (2 ft) full dismount (B)

SV: 9.0 -.6 missing a C, -.2 no C dismount, + .1 special connection bonus for f/f layout, layout—Final Start Value = 8.3

Floor

In JO Competition 1B (3A's, 3B's and 2C's)

Round off (A) back handspring (A), double back salto (D), front salto (A) round-off (A) back handspring (A), double twisting salto (C), switch leg leap (B) sissone (A), sissone (A), double turn (C), round-off (0), straddle jump (B), back handspring (0), round-off (0), back handspring (0), full twisting salto (B).

SV: 9.6 + .1 for extra D (double back)—Final Start Value = 9.7

In Competition I, II, IV (1A, 2B's, 2C's and 1D)

Round off (A), back handspring (A), double back salto (C), front salto (A) round-off (0), back handspring (0), double twisting salto (C), switch leg leap (B), sissone (A), sissone (0), double turn (C), round off (0), straddle jump (A), back hand-spring (A) round-off (0), back handspring (0), full twisting salto (B).

SV: 9.0 -.8 no D as value part, -.2 no C dismount—Final Start Value = 8.0

National Symposium Bulletin

Attention State Judging Directors

Wednesday night, June 24

Test Administrators Recertification

Workshop for all IAs.

Brevet : A Poetic Testimony

The year is 97

Our course is now complete

There is no repetition

This the cycle of the feet!

Bars are fraught with angles

Vaulting choices soar

Beam will take no prisoners

They'll be no 10's on floor

Panel A tells Panel B

What they have seen performed

While Panel B tells Panel A

How every skill is scored

Then Panel A tells S.C.F.

If anyone's amiss

They count who's in and on and off

Remove, deduct, dismiss!

WTC will oversee

Who's wearing what and where

Then check the mats, the rails, the chairs

Magnesia in the air!

Execution, execution

Perfection's what we seek

To give or not to give

To recognize a "head release" . . .

A little ulcer here and there

A score that's out to lunch

You're sure you once knew how to judge!

We are a crazy bunch

But four years come and go so fast

And here we are again

To share, to laugh, compare our notes

With Madame Fie and friends

A special thanks to Gary

High tech. . . computer whizzzz

No matter what the problem

The blame can be just his!

We're proud of what and who we are

and of the USA

Of Linda and of Audrey

And their offerings each day

Thank you's never are enough

Nor words that can relate

The honor that's bestowed on us

To be Brevet is Great!!!

Written by Judy Dobransky in honor of the 9th Cycle

"HOW COULD YOU NOT GIVE CREDIT FOR THAT POPA?"

TIPS FOR HANDLING A CONFRONTATION

How many times have you driven home from a gymnastics meet rambling "Why do I put myself through this torture? I am no longer having any fun. They do not pay me enough to put up with this abuse." These thoughts are the result of a confrontation with a coach over a score or start value, or a breach in someone's behavior that made concentrating on judging all but impossible. These problems are a common occurrence in all levels of gymnastics competition — Level 5 through Elite, high school and college—particularly college.

Handling a confrontation does not have to be a stressful, intimidating production. In the following paragraphs, a simple 6 step process will help anyone to resolve a confrontation with full confidence.

The first requirement is to be thoroughly versed in all of the rules, policies, and expectations of competition. This includes the responsibilities of the coaches, judges, gymnasts, and the spectators. It is extremely helpful to quote the page and paragraph of all of the requirements and procedures. This is very important in building the confidence to feel comfortable when taking charge of a situation. Refer to the attached Policy Reference List.

As a judge, you have the responsibility to ensure that all participants follow the rules of competition and that the meet proceeds smoothly. Professionalism is a necessity. Keep in mind to always maintain the self esteem of the individual with whom you are dealing. Never focus on the individual, but focus on the issue, and most importantly, *never take the discussions personally.*

STEPS TO HANDLING A CONFRONTATION

1. **Stand up but maintain a relaxed posture.** By standing up, you are dealing on the same level. No one has a perceived power position. Maintaining a relaxed posture communicates that you will not be intimidated and you are in control.
2. **Diffuse anger by listening, acknowledging and clarifying their position. Respond with empathy. Never attack the person, but focus on the situation, issue, or behavior.** This is the most important step of the process. By maintaining the self respect and self esteem of the individual, you will diffuse the anger in the situation. Poor example: "Coach, you are being loud and obnoxious and are asking the same stupid questions you ask at every meet. Good example: "I understand that you are unhappy with the score and do not understand how we reached the start value."
3. **Deal with the problem directly if the solution is simple or suggest that you discuss the issue after the meet.** This step is not always necessary, since a

judge is not supposed to be approached directly. However, a quick answer can prevent an outburst and speed up the competition. *Do not be afraid to admit that you made a mistake.* Example: "The giant full was not performed in handstand, but I will be very happy to discuss your questions at the completion of the competition."

4. **Remind the person of the proper procedures.** This is the first warning that behavior is unacceptable. Example: "I understand that you do not agree with your gymnast's placement, but this discussion is interfering with the competition. Page 47 of the Rules and Policies has the procedure for filing an inquiry. I am sure the meet director will be happy to help you file the correct form."
5. **Inform the individual that their behavior is unacceptable. Warn them that the problem must be corrected or the Jury of Appeals will be called and the individual will be sanctioned.** This step is equivalent to the old "Yellow Card" warning. Your intentions must be very clear and the warning concise. Example: "I will not allow the meet to be delayed any longer. You must leave the floor immediately or I will be forced to call the Jury of Appeals. Your team could receive a deduction or you could be expelled from the event."
6. **Pull together Jury of Appeals and address the problem.** This is a last resort and should be handled with the utmost concern for everyone's feelings. Expect the unacceptable behavior to escalate. Thoroughly document the entire process since the sanctions will be reviewed. Know exactly where procedure is in Rules and Policies (Page 47) and know exactly where violations are in policies. Apologize that you *were forced* to take measures.

Remember, as an official, you are in charge of the situation. Take control and do not be intimidated.

OTHER APPLICATIONS

The above procedure is not necessarily limited to a confrontation, but can be used in various difficult situations. A common example is distracting behavior. A coach, gymnast or spectator is standing behind you and making loud comments about the scoring. If the situation is disturbing your ability to concentrate on the competition, address the problem. The best approach is to walk over to the individual and inform them that their distracting behavior must stop. If that does not solve the problem, follow the above procedure and have the individual sanctioned or expelled. Again, do this in a professional and considerate manner.

Continued on page 4

HOW COULD YOU...

Continued from page 3

PRACTICE

A person cannot be expected to immediately be at ease handling a confrontation. It takes hard work to be completely familiar with the rules and many hours of practice to become proficient in the 6 step procedure. A role playing exercise is the best way to develop the skills.

Three people participate in a roll play. One person will take the role of the coach. Another will play the judge, and the third person will observe the role play and comment on the judge's good comments and make suggestions for improvement. The judge should concentrate on following the 6 steps in order, with special attention to maintaining the self esteem of the others. The participants rotate through the three roles so that everyone has the opportunity to practice as the judge. The first time a role play is attempted, it will be awkward and embarrassing. However, you will soon be spouting those 'quick on the feet' phrases and will be able to diffuse even the worst of the confrontations.

POLICY REFERENCE LIST

Member Requirements and Responsibilities - General
Women's Program Rules and Policies, Pages 5-6.

Responsibilities of Coaches

Women's Program Rules and Policies, Pages 9-10.

Responsibilities of Judges

Women's Program Rules and Policies, Pages 10,63-64.

NAWGJ Judges Operating Guide, Pages 21-24.

Technical Handbook for Coaches and Judges, Pages 9-15

Inquiry Procedures and Jury of Appeals

Women's Program Rules and Policies, Page 47.

Technical Handbook for Coaches and Judges, Page 15

Correction

- Level 8 practice test answer # 3 under Bars should be E.
- The answer choices on question #5 under Beam should be (A) 2, (B) 3, (C) 4, (D) 5, (F) 6



Patience is the ability
to idle your motor
when you feel like
stripping your gears.

Barbara Johnson

Attention Judges, Coaches, Clinicians

"Vicky" Dolls, the jointed plastic figures sold by Goodson Enterprises, Inc. are now available from the NAWGJ Library. The library has purchased these teaching tools for the judging market.

Price: Small doll \$15.00

Large doll \$18.00

These prices are consistent with Gary's prices per piece. Postage and handling is one dollar unless purchased with other library items. Then postage and handling will be absorbed by NAWGJ.

These dolls are a great tool for teaching and visual assistance with students, athletes, parents....

NAWGJNews is published by the National
Association of Women's Gymnastic Judges

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Selected References for the Duties and Responsibilities of Coaches and Judges

USA Gymnastics - Women's Program 1995 - 1996 Rules and Policies

Page 5 - Section II - Elements of the Code

Item A. Participant Relationships

Members of USA Gymnastics are charged with the responsibility for contributing to an environment which makes participation in the sport a positive and rewarding experience. In order to achieve that result each professional member has a special obligation to make decisions based on the best interest of the athlete. It is inconsistent with this obligation for any member to:

5. Attempt to intimidate, embarrass, or improperly influence any individual responsible for judging or administering a competition.

Item B. Participation — Page 6

Any USA Gymnastics activity or event should be open to any member properly qualified under the rules of that activity or event, and every member participating in a USA Gymnastics activity or event has an obligation to participate to the best of their abilities. It is inconsistent with this obligation for any member to:

3. Engage in behavior which is so disorderly or inappropriate as to interfere with the orderly conduct of the activity or other member's participation in, or enjoyment of, the activity.

Chapter 3 - Duties and Responsibilities of Professional Members — Page 9

I. Coaches

All coaches are obligated to:

- L. Set an example for the athletes by displaying a positive attitude and exemplary conduct. Constant criticism of officials gives the gymnast a negative perspective of the sport.
- M. Show respect for all gymnast, coaches, judges, and meet personnel. Inappropriate remarks or comments, harassment, and/or gestures directed toward any official or meet personnel will not be tolerated.
- O. Direct judging inquiries through the meet referee or the director of the competition. Refrain from approaching a judge directly.

COACHES BEHAVIOR POLICY AT USA GYMNASTICS SANCTIONED EVENTS — Page 9-10

Unacceptable coach behavior can be defined as:

- A. Inappropriate remarks or comments, harassment, and/or gestures directed toward any official or meet personnel during the competition.

D. Such above described behavior will be penalized as follows:

FIRST OFFENSE: Verbal warning will be issued by the Meet Referee/Technical Director and/or designated representative of USA Gymnastics.

SECOND OFFENSE: Withdrawal of floor credential, necessitating ejection for the competitive floor area (or possibly the entire competitive arena).

Section II - Judges — Page 10

Judges are obligated to:

- I. Show respect for all gymnasts, coaches, judges, and meet personnel. Inappropriate remarks or comments, harassment, and/or gestures directed toward any coach or meet personnel will not be tolerated.
- N. Set an example for the athletes by displaying a positive attitude and exemplary conduct. Constant criticism of other professionals and the meet organization gives the gymnast a negative perspective of the sport.

Page 64 SECTION IX - MEET OFFICIALS

B. Chief Judge's Responsibilities (Jr. Olympic)

11. Informs the Meet Referee of any undisciplined or unethical behavior by coached and/or judges.

SECTION VI - RULES FOR JR. OLYMPIC COMPETITION

D. Inquiry Regulations - Page 47

4. After the Chief Judge has completed the response to the inquiry, the Meet Referee or Meet Director will return the form to the coach. The coach may not approach the judge regarding the inquiry during the competition.

E. Jury of Appeals - Page 47

1. The Jury of Appeals is needed to resolve problems in certain situations. The Jury of Appeals is comprised of the following individuals:
 - a. Meet Director (non-voting if question relates to his/her gymnast)
 - b. Meet Referee or Technical Director (President of the Jury)
 - c. Chief Judges
 - d. USA Gymnastics personnel (State/Regional Chairman or Regional/National J.O. Program Chairman)
2. In the case of an obligation infringement, The President of the Jury has the right to order the coach to leave the floor immediately. These circumstances should be documented and co-signed by witnesses, then presented to the USA Gymnastics in order for an investigation and resolution to be made.

Continued on page 9

New 1997-2000 Brevet and Elite materials available

Your Library is delighted to offer these products and hope you will be able to use them in preparation for your Brevet and Elite courses in 1997. The information is to be applied to the Elite level only. The age group committee has made no final decisions at this time. Our library will be offering age group materials as soon as we get confirmation on the 97 rules for USA gymnasts.

The following materials are available now...the information has been taken from the provisional code and supplemental information since the Intercontinental Course in November.

Any information at this time is *unofficial* and could change so please use these materials but be aware that any FIG changes will supersede these printed pages!

1. Computer programs

JAT an extension of the Judge's Assistant Program compiled and produced by Robin Ruegg, Minnesota. DOS and Windows 3½ standard (single disk) (5¼ available by special order). A wonderful study tool with "user friendly" test type questions. Excellent for test preparation as well as meet preparation throughout the year!
Price: \$20.00 on site; \$22.50 Including P & H

2. New this Olympiad

"ELEMENTAIRE" A two disk element identification program developed by Winnie Witten, Michigan ... Windows 3½ standard disks
This program takes the place of the popular gyiii quiz ... identifying elements and vaults a valuable testing tool and much more challenging than the "lotiely" card game!!!
Price: \$27.50(Two disks) on site; \$30.00 Including P & H

3. "Ex-celerated Code 97-2000"

A brand new code using the Excel program for organization. Developed by Winnie Witten, this item was very popular during 92-96 rules...Great for study and easy identification of elements and their groups and numbers.
Price: \$5.00 on site \$6.50 Including P&H

4. 97-2000 Study Packet

A compilation of assorted materials, charts, practice sheets, score sheets and more! Organized by Judy Dobransky, this 20 page package is done is card stock and regular bond paper for your duplicating pleasure. A versatile product that can help with test preparation and aid in judging!

Price: \$7.50 on site; \$10.00 Including P&H

We also have a set of "Cori Cards" ready. This popular package joined our library in 95 and proved to be an excellent judging companion.

Price: \$6.00 on site; \$7.00 Including P&H

Name _____

Address _____

_____ Zip _____

Phone _____

1997-2000 Early Elite Items...

1. JAT \$20.00 on site \$22.50 P&H
2. "Elementaire" \$27.50 on site \$30.00 P&H
3. 97-2000 Ex-celerated Code \$5.00 on site \$6.50 P&H
4. 97-2000 Study Packet \$7.50 on site \$10.00 P&H

Please circle item and make check payable to NAWGJ Educational Library. Send form to:

Judy Dobransky
3446 Gordon Drive
Sterling Heights, Michigan 48310

or call (810) 264-2047—fax is same number...call first.

National NAWGJ Symposium Information

Hotel

The Eden Roc Resort & Spa is located on 600 feet of prime oceanfront property, overlooking world-renowned Miami Beach and the spectacular intracostal waterway. The resort is just 11 miles east of Miami International Airport.

All accommodations are air-conditioned and feature magnificent ocean and/or bay views. There are two heated swimming pools and a variety of watersports equipment including Waverunners, kayaks, Hobie Cat sailboats and parasail rides which are available directly from the beach. Volleyball and basketball courts can be found beachside.

The Fresco Mediterranean Cafe and Jimmy Johnson's Three Rings Bar and Grill are the two restaurants located within the hotel.

Sale Items

Tables will be available in the lobby for those regions, states or individuals wishing to market judging materials. The sale and security of these items are the sole responsibility of the selling agent.

Clinicians

Confirmed clinicians to date include: Linda Chensinski, Judy Dobransky, Marian Dykes, Judy Grenfell, Cheryl Hamilton, Yvonne Hodge, Cheryl Jarrett, Tom Koll, Connie Maloney, Tim Rand and Audrey Schweyer.



NAWGJ SYMPOSIUM '97'

EDEN ROC RESORT & SPA
4525 COLLINS AVENUE
MIAMI BEACH, FLORIDA 33140
1/800/327-8337

JUNE 26 - JUNE 29, 1997
AIRPORT:
MIAMI INTERNATIONAL
SPECIAL FARES CALL:
CORPORATE & LEISURE TRAVEL
1/800/769-4441 ASK FOR SHARON FRIED

MAKE HOTEL RESERVATIONS DIRECTLY WITH THE EDEN ROC RESORT & SPA
Check-in time is 3:00 pm. The special symposium rate will be held until May 25, 1997. After that date, reservations are subject to availability.
ROOM RATE IS \$99.00/DAY INCLUDING TAX - UP TO 4 PERSONS/ROOM

IN CASE OF CANCELLATION PRIOR TO JUNE 2, 1997, A \$25.00 PROCESSING FEE WILL BE WITHHELD. NO REFUND AFTER JUNE 2, 1997. THERE WILL BE A \$25.00 SERVICE CHARGE FOR ALL CHECKS RETURNED.

****Detach****

SYMPOSIUM REGISTRATION FORM

****Detach****

Please print or type and return to:
René Niccollai, Symposium Director
1850 Eagle Trace Boulevard East
Coral Springs, Florida 33071
954/755-9197

Name: _____
Last First MI

Address: _____ City _____

State: _____ Zip: _____ Phone: (____) _____

REGISTRATION FEE includes the Friday Formal Luncheon:

EARLY BIRD SPECIAL	\$110.00	_____
(Postmarked by March 21, 1997)		
PRE-REGISTRATION	\$160.00	_____
(Postmarked by June 2, 1997)		
ON-SITE REGISTRATION	\$175.00	_____
(After June 2, On-Site Registration ONLY)		

TOTAL ENCLOSED _____

Make check or money order payable to NAWGJ SYMPOSIUM

FORMAL LUNCHEON: Friday, June 27, 1997

Fish _____ Meat _____

Office Use Only

Date Received: _____
Amount: _____

Confirmation sent: _____
Check Number: _____



1997 NAWGJ National Judges Symposium

Tentative Schedule

Tuesday, June 24

Governing Board arrival - A.M.

Governing Board Meeting - 1:00 P.M.

Wednesday, June 25

Governing Board Meeting

State Judging Directors Arrival

TA Workshop

Thursday, June 26

Governing Board meets with SJD's

Symposium begins at 1:00 P.M.

Time	Topic	Group	Clinician
1:00- 2:00	General Assembly	All	Y. Hodge
2:15- 4:30	General Knowledge	All	C. Maloney
4:45- 6:00	Compulsory Vault	All	T. Rand
6:00- 7:30	Dinner		
7:30- 9:30	Optional Bars	Group A	L. Chensinski
	Compulsory Bars	Group B	C. Hamilton - T. Rand
Friday, June 27			
8:30-10:30	Optional Beam	Group B	A. Schweyer
	Compulsory Beam	Group A	C. Hamilton - C. Jarrett
10:45-12:45	Optional Vault	Group A	L. Chensinski
		Group B	C. Hamilton
12:45- 2:45	Formal Luncheon	All	
2:45- 5:30	Optional Floor	Group B	A. Schweyer
	Compulsory Floor	Group A	C. Maloney - T. Koll
5:30- 7:00	Dinner		
7:00- 9:30	Study Session - Practide Judging	Group A	C. Maloney - J. Dobransky
		Group B	Y. Hodge - J. Grenfell
	Level 10 Course - General and Vault	Eligible Judges	M. Dykes
	Compulsory Review Session	Open to All	T. Koll - T. Rand
	Review Session for July Elite Course	Elite Course Participants	L. Chensinski
	JCI Meeting	Closed	
Saturday, June 28			
8:30-10:30	Optional Beam	Group A	A. Schweyer
	Compulsory Beam	Group B	C. Hamilton - C. Jarrett
10:45-12:45	Optional Bars	Group B	L. Chensinski
	Compulsory Bars	Group A	C. Hamilton - T. Rand
12:45-2:00	Lunch		
2:00- 5:00	Optional Floor	Group A	A. Schweyer
	Compulsory Floor	Group B	C. Maloney - T. Koll
5:00 7:00	Dinner		
7:00- 9:30	Study Session - Practide Judging	Group A	C. Maloney - J. Dobransky
		Group B	Y. Hodge - J. Grenfell
	Level 10 Course - General and Vault	Eligible Judges	M. Dykes
	Compulsory Review Session	Open to All	T. Koll - T. Rand
	Review Session for July Elite Course	Elite Course Participants	L. Chensinski
	JCI Meeting	Closed	
Sunday, June 29			
9:00-11:30	Certification examination - Practical followed by Theoretical		R. Niccollai
	Theoretical exam only		B. Sroufe - B. Heppner
9:00-11:00	Level 10 Course	Eligible Judges	M. Dykes
11:00-12:30	Lunch		
12:30- 2:30	Level 10 Course	Eligible Judges	M. Dykes
12:00- 5:00	JCI Meeting	Closed	

1997 NCAA Rules Modifications - Women

The 1997 NCAA Women's Gymnastics Championships and all meets used to qualify will be conducted according to the International Gymnastics Federation *Women's Code of Points* (1-B rules), with the Junior Olympic (Level 10) modifications as of November 1, 1996. [Note: If the value of a skill is raised after November 1, it will be effective immediately.]

In addition, collegiate modifications/clarifications are:

A. Rules

1. Retain the vault values used at the 1996 championships (JO revised list from 1/4/93) with one exception: **Vault Tsukahara-stretched position will be valued at 9.8.**
2. Continue the ban on the round-off entry vault.
3. **On a one-year trial basis, the fall time on balance beam will be 30 seconds.**
4. All backward layout saltos on Beam will be valued at a "D".
5. The value of the 1¼ salto (prone landing) on floor exercise will be one value greater than landing on the feet.
6. A layout salto forward with 1½ twist (540 degrees) (Rudi) will be valued at an "E".
7. A straddle pike jump or side split jump (180 degrees) with 1/1 turn (360 degrees) (Popa) will be valued at a "D".
8. **Variations of a Popa landing in a prone position will be valued at a "D".**
9. **Retain the .30 deduction for competing out of order.**

B. Uniforms

1. There will not be a deduction for a matching sports bra that is exposed.
2. Backless leotards are permissible.

C. Equipment

1. ½" plywood may be used under the springboard for mounting bars and beam.
2. **If a gymnast has a broken/torn grip, she will repeat her routine as the last team competitor or after the all-around competitor (specialist). If this does not allow for a sufficient amount of time to change grips or enough time to prepare, the gymnast will repeat the routine as soon as it is safe to do so. However, the time should not exceed five minutes. (Note: Common sense and safety must always prevail.)**

NOTE: Open Scoring (all judges' scores will be flashed but only the average score will be raised and rotated) and the flashing of Start Values is required at all NCAA competitions, including the regular season.

For further information on NCAA Women's Gymnastics refer to the NCAA Gymnastics Handbook: Appendix F (Regular-Season Meet Procedures, Appendix G (Standards/Duties for Judges), and Appendix H (Code of Ethics). Or contact: NCAA Assistant Director of Championships, 6201 College Boulevard, Overland Park, Kansas 66211-2422. Phone (913) 339-1906

Selected References. . .

Continued from page 5

3. Method of settling a case by Jury:
 1. Discussion
 2. Voting on decision
 3. Majority vote dictates the final decision.

Technical Handbook to Coaches and Judges Chapter II - Judging Panels - pages 9-15

Rights and Duties of the Judging Panels

A. Meet Referee

4. Serves as liaison between coaches and judges.
5. Must act in a professional manner.
16. Applies the penalties for undisciplined or unsportsmanslike behavior of a coach.

B. Chief Judge

5. Must act in a professional manner.
15. Reports to the Meet Referee or Jury if there is a lack of discipline by gymnasts or coaches.

C. Panel Judges

7. Must act in a professional manner.

NAWGJ JUDGES OPERATING GUIDE

Page 23 - Code of Professional Responsibility

Cannon 21: A judge should treat gymnasts, coaches, other judges, promoters and spectators with respect; in general, a judge should treat all persons with respect and dignity and thereby encourage like treatment being extended to him/her.

Cannon 22: A judge should be alert at all times, quickly yet accurately produce his/her score, have a basis for the scores derived and prepared, if a legitimate need should arise, to rationally and logically explain and support such scores in a dignified, professional manner and should, at all times, be cooperative in working in and through conferences and protests.

NCAA VAULT TABLE (J.O. 1993)

TO BE USED FOR THE COLLEGIATE PROGRAM 1997

GROUP I HSP, YAMI CW	GROUP II CUERVOS & SALTOS FORWARD	GROUP III TSUKAHARAS	GROUP IV ROUND OFF Level 9 & 10 only [Not permitted in the collegiate program]
A	A	A	A
1.01 HSP/Yami 8.4 1.02 Cartwheel - 1/4 turn 8.2 1.03 HSP/Yami - 1/2 turn 8.6	NONE	NONE	
B	B	B	B
1.30* 1/2 on-1/2 off 8.6 1.31* Cartwheel - 3/4 same direction 8.6 1.32* Cartwheel - 1 1/4 9.0 1.33* HSP/Yami - 1/1 9.1 1.34* 1/2 on - 1/1 off 9.0	NONE	3.30 Tsuk Tuck 9.4 3.31 Tsuk Pike 9.5 S-3.32 Tsuk Tuck 1/2 9.5	4.30 RO,FF - Tuck Back 9.4 4.31 RO,FF - Pike Back 9.5 S-4.33* RO,FF 1/2 + HSP 1/1 9.1
C	C	C	C
1.60* HSP/Yami - 1 1/2 9.4 1.61* 1/1 on - HSP 9.3 1.62* 1/2 on - 1 1/2 off 9.4 1.63* 1 1/2 on - 1/2 off 9.6 1.64* 1/1 on - 1/1 off (H/Y) 9.6 1.65* 1/4 - Side Salto 1/4 9.5 S-1.66* 1/1 on - 1/2 off 9.4	2.60* HSP - Front Tuck 9.9 2.61* Cuervo Tucked 9.9	3.60* Tsuk Layout 9.8** 3.61* Tsuk Tuck 1/1 9.9 S-3.63 Tsuk Pike 1/2 9.6 S-3.64 Tsuk Layout 1/2 9.8	4.60 RO,FF - Layout 9.7 S-4.65* RO,FF 1/2-HSP 1 1/2 9.4
D	D	D	D
1.90 HSP/Yami - 2/1 10.0 1.91 1 1/2 on - 1/1 off 10.0 S-1.92 1/2 - 2/1 9.8 S-1.93 1/1 - 1 1/2 10.0 S-1.94 HSP - 2 1/2 10.0	2.90* HSP - Ft Pike 10.0 2.91* HSP - Ft Tuck 1/2 10.0 2.92 HSP - Ft Pike 1/2 10.0 2.93 HSP - Ft Layout 1/2 10.0 2.94 HSP - Ft Tuck 1/1 10.0 2.95 1/2 on - 1/2 Ft Tuck 10.0 2.96 Tuck/Pike Ft on-Opt off 10.0 2.97 Front - Front 10.0 2.98 1/1 on Front 10.0 2.99 Front - 1/1 off 10.0 2.100 HSP - 2 1/2 Front 10.0 2.101 Cuervo Piked 10.0 2.102* Cuervo Tucked 1/2 10.0 2.103* Cuervo Piked 1/2 10.0 *(1/2 or more)	3.90 Tsuk Pike 1/1 10.0 3.91 Tsuk Layout 1/1 10.0 3.92 Tsuk Tuck 1 1/2 10.0 3.93 Tsuk Pike 1 1/2 10.0 3.94 Tsuk Layout 1 1/2 10.0 3.95 1 1/2 Twist On-Salto T/P/L 10.0 3.96 Tsuk Tuck 2 1/2 Salto 10.0 3.97 Tsuk Pike 2 1/2 Salto 10.0 All Tsuks are to be performed with 90 degree to 180 degree LA turn in first flight phase.	4.97 RO,FF 1/1-1/1 10.0 S-4.103 RO,FF 1/2 + 2/1 10.0

ALLOWABLE VAULTS:

Level 9 & 10 - All vaults in Groups 1, 2 & 3.

- 1) S = Supplement
- 2) * = Changed Value
- 3) Note: The collegiate vault value for the 3.60* Tsuk layout is 9.8 for the 1997 NCAA championships (the value was 9.7 in 1996).

Women's Gymnastic Judges Certification Exam Registration Form

Date Rcvd	_____
Amt Pd.	_____
Check #	_____
Postmark	_____

Sites: NAWGJ National Judges Symposium USA Gymnastics National Congress
Miami, FL Denver, CO

Dates: ☐ Sunday, June 29, 1997 ☐ Sunday, August 17, 1997

Test Administrator: Betty Sroufe (513-529-9761)

Participant Information:

Judges/ Examinee #: _____ (RT or JG) OR first time testing _____
Name: _____ Phone: () _____
Address: _____ City/State/ Zip: _____
Current Rating: _____

Check those that apply:

Compulsory Level	5/6 A _____	5/6 B _____
Optional Level	7/8 A _____	7/8 B _____
Optional Level	9 A _____	9 B _____
Optional Level	10 A _____	10 B _____
Practical Exam (video)	7/8 _____	9 _____ 10 _____

Cost: \$20 per part Late (after deadline)/On-site registration: \$30 per part
All fees are non-refundable.
Pre-registration is a must. No walk-in registration on day of exam.

You must include with your registration a copy of your rating card.
Also, your active status must be current to test up!

Deadline dates: NAWGJ National Judges' Symposium - postmarked May 10
USA Gymnastics National Congress - postmarked July 26

Make check payable to : JCI

Mail check for full amount and registration form to: Betty Sroufe
2096 Rolling Hills Blvd
Fairfield, OH 45014

1ST VAULT

2ND VAULT

VAULT

SCORE = 9.0

SCORE = 9.2

FINAL SCORE: _____

SV - IB _____

SV I, II, IV _____

OLD SYMBOL

NEW SYMBOL

BARS

SV - IB _____

SV I, II, IV _____

BARS

SV - IB _____

SV I, II, IV _____

FLOOR

SV - IB _____

SV I, II, IV _____

